

IT'S ACADEMY



PRIMARY SCHOOL

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First and second-grade educational institutions within the National Education System in Friuli Venezia Giulia are eligible for a free experience (visit + workshop) during the 2025/2026 school year, subject to availability and upon reservation.



Breathe Breathe Breathe: the Breath Crown

Inspired by an ancient Japanese legend, illustrated by designer Hazuki Katagai, this activity delves into the calming and soothing practice of breathing.

Author **Hazuki Katagai**

DESCRIPTION

Participants will explore the significance of breathing in Asian culture by creating a unique crown with a veil, designed to help children visualize and understand the movement of their own breath. This interactive exercise enhances awareness of our bodies and energy, fostering a deeper connection with other living beings, including animals, plants, and the world around us. The workshop concludes with a hands-on session where participants will craft their own special crown, featuring a veil that moves in harmony with their breath.

BIO

Hazuki Katagai is a Japanese designer and artist, recognized as a finalist in the ITS Contest in 2016 and 2019. Her collection "The Breathing" (2019) serves as the inspiration for this workshop, emphasizing Eastern philosophy's approach to breathing and encouraging us to adopt her motto: "Believe in the power of imagination."

CATEGORY

Creative workshop

DURATION

60 minutes

LANGUAGE

Italian, English

PRICE

15€ (the price is per person; free admission is provided for up to two accompanying teachers)

WHAT YOU WILL LEARN

Breathing and relaxation techniques, ancient Japanese legends, awareness of one's body and breath

INFO AND BOOKINGS

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Artistic Paper Craft Workshop

In this special artistic paper engineering workshop dedicated to ITS, participants will collaborate to create a collective paper collection, made even more fun done together.

Author **Annalisa Metus**

DESCRIPTION

Simple recycled paper will tell a story - not through written words, but through cut-outs, folds, collages, and intricate designs. Page by page, a unique collection inspired by ITS Arcademy will come to life. Creating each composition requires both fun and concentration, as participants give value to every little piece and strip of paper. The end result is the satisfaction of taking home a small masterpiece that is not only ecological but also deeply personal. Paper transforms into a creative medium through the imagination, manual skills, and original ideas of the participants.

BIO

Annalisa Metus is a paper engineer specialising in the pop-up book technique. She creates artist books, set designs, and installations that are truly magical works of paper art. Based in Trieste, she conducts workshops for both children and adults, where she masterfully blends paper and music.

CATEGORY

Creative workshop

DURATION

60 minutes

LANGUAGE

Italian, English

PRICE

15€ (the price is per person; free admission is provided for up to two accompanying teachers)

WHAT YOU WILL LEARN

A brief history of paper, what a leporello is, and how to create new stories with ecological and recyclable materials

INFO AND BOOKINGS

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Paper Tailoring

At the Paper Tailoring Workshop of ITS Arcademy, creations take shape to transform old paper, scraps, and recycled materials into new forms.

Author **Elisa Vendramin**

DESCRIPTION

Postcards, old photos, travel souvenirs, school notebooks, and letters - all remind us of how paper preserves our history and memories. In this activity, inspiration will be drawn from the fabrics, patterns, and colours on display at ITS Arcademy. Participants will cut out geometric modular shapes, compose an image or figure, and carefully glue the final result. A crucial step in the process will be determining the right moment to declare the artwork complete and fix it permanently in place. Throughout this activity, participants will explore topics such as colour perception, colour matching, manual skills, material transformation, diverse textures, and geometric shapes.

BIO

Elisa Vendramin is a graphic designer and illustrator whose work is deeply influenced by the natural landscapes of Northern Europe. She explores digital collage techniques and applies them to her graphic and illustration projects. Her use of fragmented and geometric colours, shapes, and patterns evokes the poetic landscapes of Icelandic rocks, stalactites, cliffs, and other natural formations.

CATEGORY

Creative workshop

DURATION

60 minutes

LANGUAGE

Italian, English

PRICE

15€ (the price is per person; free admission is provided for up to two accompanying teachers)

WHAT YOU WILL LEARN

To get to know and observe in detail the artworks on display at ITS Arcademy, create artistic collages with recycled and reclaimed paper, perceive and match colours, and transform the simplest materials into a creative project

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What's in the Box

A silkworm cocoon, a cotton flower, a sea sponge, sheep wool, tailor's chalk... what's in the box? In this engaging and playful activity, participants - either individually or in teams - stimulate their imagination and curiosity by trying to guess, with hints and clues from others, what object or material they are touching, smelling, or even listening to.

DESCRIPTION

The mysterious box contains various objects, fabrics, or materials waiting to be discovered. Through this workshop, participants will refine their senses to identify what they are interacting with, using touch, smell, and hearing to explore the weight, texture, and stories that each material and object has to tell. This experience encourages the rediscovery and practice of using senses beyond sight to understand the world around us, while learning about the unique characteristics and histories of various materials, objects, and fabrics.

CATEGORY

Creative workshop

DURATION

60 minutes

LANGUAGE

Italian, English

PRICE

15€ (the price is per person; free admission is provided for up to two accompanying teachers)

WHAT YOU WILL LEARN

Identify materials and objects hidden in a box through touch, sound, and smell; discover their characteristics, origins, and stories

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Bestiary - Wardrobe

Chelsea Jean Lamm's garment, Echoes of Eden, envisions a future where humanity and technology coexist harmoniously with nature.

Author **Elisa Vendramin**

DESCRIPTION

Inspired by medieval bestiaries, the garments transport us to an otherworldly realm where utopian creatures reign supreme and the boundaries between human, animal, and machine become indistinct. This activity delves into the art of collage and the history of "Bestiaries," a category of books popular during the Middle Ages. These texts described and illustrated, often in a quasi-scientific manner, both real and imaginary animals and beasts, suggesting a world inhabited by magical and sometimes fearsome creatures. In this workshop, participants will create unique, three-dimensional "imaginary creatures" by cutting and gluing images and reclaimed materials that might seem to contrast with one another.

Chelsea Jean Lamm, a South African-German designer, envisions a future where humans and machines achieve a harmonious coexistence with nature. Her garments, inspired by medieval bestiaries, are kaleidoscopic armours depicting flora and fauna at risk of extinction..

BIO

Elisa Vendramin is a graphic designer and illustrator. Influenced by the natural landscapes of Northern Europe, she focuses on digital collage in her graphic and illustration projects. Her fragmented and geometric colours, shapes, and patterns evoke Icelandic rocks, stalactites, cliffs, and poetic landscapes.

CATEGORY

Creative workshop

DURATION

60 minutes

LANGUAGE

Italian, English

PRICE

15€ (the price is per person; free admission is provided for up to two accompanying teachers)

WHAT YOU WILL LEARN

Imaginary creatures from mediaeval bestiaries and 'dressing' them, playing with composition, and giving new life to scrap materials

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My Anaglyph Friend

Let's discover a new word and see beyond just two dimensions. Using old theatre films and a bit of cardboard, we'll craft special glasses to experience and imagine beyond the ordinary 2D reality.

DESCRIPTION

This workshop is dedicated to Noa Baruch, a finalist designer from ITS 2021, who draws inspiration from a 50-year-old pattern notebook belonging to her grandmother. Designs and instructions annotated on these 2D pages will come to life as real, 3D garments to touch and wear. Anaglyph refers to the 3D stereoscopic effect achieved by overlaying two images taken from different angles in red and cyan colours. By recycling old theatre films, we will create 3D glasses and see the world and the art around us with fresh perspectives.

Noa Baruch is an Israeli fashion designer and a finalist at ITS Contest 2020. Deeply connected to her family's traditions, particularly those of her grandmother, and profoundly inspired by her cultural heritage, she specialises in tailoring and denim. Her special Anaglyph project features a versatile, adjustable denim ensemble suitable for various genders and usable by all family members, enhancing every body type. The red and cyan overlapping stitches and details play with the anaglyphic perspective illusion, creating a new silhouette with carefully crafted 2D/3D buttonholes and buttons.

CATEGORY

Creative workshop

DURATION

60 minutes

LANGUAGE

Italian, English

PRICE

15€ (the price is per person; free admission is provided for up to two accompanying teachers)

WHAT YOU WILL LEARN

To learn what an anaglyph is; to create 3D glasses using recycled materials; to creatively reuse materials no longer in use (such as coloured theatre films)

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Style icon

A workshop focused on creating a unique creature and engaging in a collective styling process. Working together, even a furry paw, a fin, a mouse tail, and a robot head can take on new meaning through creativity.

DESCRIPTION

A creative workshop inspired by the *Exposure* exhibition that introduces participants to the “exquisite corpse,” a Surrealist collective drawing game. Each participant draws their assigned body part (head, torso, legs, or feet) on a sheet of paper without seeing how others are drawing. The group then comes together, and these individual parts are assembled to form a new creation.

The goal is to create absurd and surprising characters, stimulating imagination and collaboration. In a final step, the group adds styling to the creature—an essential phase that helps embellish and bring it to life. A fun group experience that sparks creativity and imagination.

CATEGORY

Creative workshop

DURATION

60 minutes

LANGUAGE

Italian, English

PRICE

15€ (the price is per person; free admission is provided for up to two accompanying teachers)

WHAT YOU WILL LEARN

Combining different ideas into one creative and unexpected vision; what is an *exquisite corpse*? And how it can help spark original ideas?

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Exploring the Museum

New exhibition, new hunt! Exploring ITS Arcademy – Museum of Art in Fashion is guaranteed fun, with map and pencil in hand. Along the way, unexpected details, surprising clues, and tricky riddles await, guiding you to discover the museum's hidden treasures.

DESCRIPTION

A keen eye, curiosity, and imagination: the rooms of our museum are the perfect place to discover the magical power of creativity. A Library filled with thousands of creative projects, in paper and fabric, and a luminous book that writes itself.

On display, you might find a loaf-shaped bag someone has already taken a bite out of, and an umbrella that looks like a mushroom (or perhaps a shell?): is it meant to shield you from the rain or the sun? Between a cloud-shaped headpiece for daydreaming and long black gloves with golden nails, the visit will be full of discoveries, featuring a true Wonder Room and a Red Carpet ready for you to strike a pose like a real star!

CATEGORY

Adventure in the Museum

DURATION

60 minutes

LANGUAGE

Italian, English

PRICE

15€ (the price is per person; free admission is provided for up to two accompanying teachers)

WHAT YOU WILL LEARN

To work together, collaborate, and communicate to achieve a common goal; to observe carefully and exercise creativity and lateral thinking, answering questions and solving riddles

INFO AND BOOKINGS

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Sustainable Floral Art

Guided by the seasons and inspired by the ITS collection, we will create delicate, ephemeral, yet beautiful floral art pieces by hand - colourful and sustainable.

Author **Laura Vaccari - Fiorificio**

DESCRIPTION

From the floral decorations and patterns of buds, leaves, botanical subjects, and wildflowers on fabrics to the latest plant-based materials, there is a deep connection between fashion and flowers, between art and nature.

Today's intensive production and distribution of flowers often mirrors the fashion industry in its rapid pace and environmentally irresponsible practices. Drawing inspiration from the work of Japanese designer Asumi Maeda, preserved in the ITS Archive and dedicated to the lush nature of Hokkaido, we will engage in eco-friendly creativity. In this workshop, participants will create floral arrangements using only natural and sustainable materials - without adhesives, sponges, or imported flowers. All materials will be sourced from meadows and forests, including wild herbs, imperfect flowers, berries, twigs, and recyclable trimmings.

BIO

Laura Vaccari is a floral designer from Trieste with a sustainable approach to decoration. Her thematic creative workshops teach participants to work by hand, listen to stories and ancient traditions, and practice beauty and art in a responsible way.

CATEGORY

Creative workshop

DURATION

60 minutes

LANGUAGE

Italian, English

PRICE

15€ (the price is per person; free admission is provided for up to two accompanying teachers)

WHAT YOU WILL LEARN

To get to know and observe appreciate the rhythm of the seasons, find beauty in unconventional natural elements, learn small techniques of floral design, and explore biodiversity

INFO AND BOOKINGS

T +39 040 300589

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DIY Bioplastics: recipes for future materials

The fashion materials of the future are being crafted from food and waste, using sustainable and ecofriendly production processes. These innovative materials can already be found in our kitchens and trash bins. In this workshop, we will explore the world of compostable and biodegradable bioplastics by transforming everyday items like coffee grounds and eggshells into something new, acting as little chemists, chefs, and designers.

DESCRIPTION

The future of plastic is bio: sequins made from sugar, and culinary properties of natural products are merely secondary to their creative potential. We'll delve into the possibilities of food products and waste, such as pineapple leaves, apple and orange peels, grape pomace, shellfish shells, and mushrooms, to create sustainable materials. This workshop will highlight sustainable alternatives to traditional plastics and explore their potential applications in our daily lives. Inspired by the ITS Arcademy archive and designers who have used unconventional materials like potatoes and gelatin for their extraordinary creations, we will envision the future of the materials we use, our clothing, and the planet's resources. Participants will also leave with a unique recipe booklet, guiding them from plate to wardrobe, with methods to create bioplastics from food waste.

CATEGORY

Creative workshop

DURATION

60 minutes

LANGUAGE

Italian, English

PRICE

15€ (the price is per person; free admission is provided for up to two accompanying teachers)

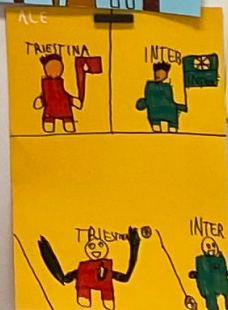
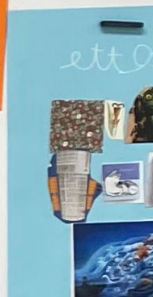
WHAT YOU WILL LEARN

To discover sustainable alternatives to plastic, to creatively use food waste, and to touch and handle unconventional materials

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